Public Document Pack

JOHN WARD
Director of Corporate Services

Contact: Democratic Services
Email: democraticservices@chichester.gov.uk

East Pallant House
1 East Pallant
Chichester
West Sussex
PO19 1TY
Tel: 01243 785166
www.chichester.gov.uk

A meeting of the **Cabinet** will be held Virtually on **Tuesday 2 June 2020** at **9.30 am**

MEMBERS: Mrs E Lintill (Chairman), Mrs S Taylor (Vice-Chairman), Mr M Bell, Mr R Briscoe, Mrs P Plant, Mr A Sutton and Mr P Wilding

SUPPLEMENT TO AGENDA

5 **Supporting our Leisure Centres** (Pages 1 - 8)

Background papers for agenda item 5.

This page is intentionally left blank

Leisure Centre Impact Assessment

This impact assessment has been completed to reflect the impact that could be the result if continued support is not offered by the Council to the leisure contractor.

	Yes	No
Crime and Disorder As well as developing individuals, sport and physical activity can help build stronger communities by bringing people together. Sport is widely seen as a way for people of different backgrounds to interact and integrate by taking part, volunteering and spectating. It can provide opportunities for migrants to adapt to living in England and can bridge divides between men and women, homeless people and those who are not homeless, and people with different employment backgrounds. It can have a positive impact on a person's employment opportunities and provide support to those who are not in employment, education or training. There's also clear evidence being active improves educational behaviour and attainment, through greater self-esteem, confidence and direct cognitive benefits. It can also help reduce anti-social behaviour in disaffected young people and increase willingness to volunteer and the development of soft skills, such as integrity, responsibility and leadership.	X	
Climate Change and Biodiversity		X
Human Rights and Equality Impact Within sport and physical activity we already recognise that there are inequalities in participation levels between identified groups. Sport and Leisure sectors are therefore providing targeted activity and support in an attempt to address these inequalities by: Tackling inequalities for women; Tackling inequalities for lower socio-economic groups; Children and young people; and Disabled people. If the leisure centres are not available to offer this targeted work the gap in these inequalities are likely to continue or get even greater.	X	
Safeguarding and Early Help		X
General Data Protection Regulations (GDPR)		X
Health and Wellbeing Being physically active can give a huge boost to our health. It can reduce the risk of developing type 2 diabetes by 30-40% and can reduce the risk of a range of medical conditions, including cancer, dementia, strokes, heart disease and depression. Sport and physical activity can help prevent ill health as well as provide therapeutic and management effects for those suffering - particularly for people affected by cancer. It can also lead to improvements in strength, balance, movement and motor skills, and help in maintaining a healthy body weight. Other physical wellbeing outcomes backed by evidence include improved quality of sleep, increased energy levels, healthy early years development, reduced unhealthy behaviours like smoking, reduced mortality, effective pain management and improved quality of life in ageing. Sport and physical activity can also have a positive impact on mental wellbeing. Physical activity can contribute to enjoyment and happiness, and more broadly to life satisfaction through increased social interaction. Volunteers and sports fans also have an increased sense of purpose and	X	

pride, while self-esteem and confidence are known to increase through participation or volunteering. Sport and physical activity also have the potential to reduce anxiety and depression symptoms.		
Other (please specify)		

More people
More active
More often

COVID-19 – A framework for the re-opening of gym, leisure centre and wider fitness industry during social distancing

1. Context

Overview

This document sets out the framework for opening gym and leisure facilities during an anticipated period of "social distancing" following the full closure of the sector due to COVID-19. It also provides the basis for individual operators to develop their own required technical operating guidance for customers, staff and supply chains once the Government has said facilities, or parts of facilities, can open.

The framework has been developed in full partnership with the major fitness and leisure operators, and has been reviewed by leading medical experts. It has also been informed by best practice from international markets where governments are at different stages of managing the COVID-19 crisis, and working with their own fitness sectors.

The gym and fitness industry will have a vital role in ensuring the ongoing health and wellbeing of the nation following the lifting of COVID-19 restrictions. We believe this role has never been more important than at the current time in helping the country and British society regain its health. The Government realises how important 'exercise' is, and as the Chief Medical Officer stated: "There is no situation, no age, no condition, where exercise is not a good thing."

It is not intended to be exhaustive in covering every possible scenario but aims to provide a clear direction of travel for the sector. Nor is it intended to cover all aspects of every operator: there will be special undertakings for those with specific offerings. Operators can make their own decisions and can go above the standards within this document, **but not lower.** We are tailoring this as a two-stage opening approach – this document looks at the initial opening period and anticipated social distancing restrictions.

GENERAL

CLEANING

RECEPTION AREAS

CHANGING ROOMS/SHOWERS/TOILETS

GYM FLOORS

STUDIOS

COURTS/SPORTS HALLS

SWIMMING POOLS AND WET SIDE FACILITIES

CAFÉS/RESTAURANTS

OUTDOOR FITNESS

FIRST AID/LIFEGUARDS

MISCELLANEOUS

FURTHER SPORT GUIDANCE

OPERATIONAL – FOR EACH FACILITY TO AGREE

2. Guidelines: Re-opening

General

- Public Health England (PHE) or equivalent posters will be on display informing customers and staff of social distancing and cleanliness/hygiene protocols throughout the facility.
- Operators will commit to the wellbeing of their staff and customers, and if they show/have any signs of COVID-19 (temperature, cough and difficulty breathing), they will be sent home to follow Government regulations.
- Operators will comply with any health designation documentation that the Government implements.
- Hand wipes/sanitisers will be on offer (or people will be directed to where they can clean their hands).
- Operators will ensure that social distancing is adhered to, further criteria is below for certain areas.
- Face masks will not be mandatory for staff, unless their role requires this.
- It is down to the individual customer to take reasonable personal responsibility when taking part in physical activity.

Cleaning

- Continue rigorous cleaning procedures.
- If there is a COVID-19 case in the facility, the operator will follow the PHE Guidance – COVID-19 – Cleaning in non-healthcare settings while cleaning all areas of the facility.
- Staff will carry out regular cleaning of high-contact touch points throughout the premises.

Reception Areas

- Hand wipes/sanitisers will be on offer (or directed to where people can clean their hands).
- Gloves are not mandatory as the World Health Organisation (WHO) advice is that it is preferable not to wear gloves but to regularly wash your hands.
- Processes to make sure social distancing remains in place for reception staff/or screens are in place.
- Queue management - 2m spacing markings on the floor and if necessary outside the entrance.

Changing Rooms/Showers/Toilets

- Extra care/signposting will be provided to maintain social distancing when in these areas.
- Lockers will remain in use, as long as social distancing can be maintained.
- Spray and cloths[1] will be available for customer use for touch points.

Gym Floors

- Only equipment that is 2m apart will be used – as an example this can either be done via moving equipment or marking every other piece of equipment in the gym out of order (to facilitate social distancing).
- Touch points of equipment should be cleaned after use – this can be done either by the customer or staff using spray and cloths provided. This is in addition to the cleaning schedule.
- Extra signage regarding social distancing will be in place around the free-weights area.
- Maximum gym capacity will be based on 3m^2 per person.

[1] Spray and cloths – this is a generic term and could be any cleaning apparatus eg – handwipes, paper towels and spray

Studios

- Social distancing guidelines must be followed (2m apart).
- There will be a minimum of a 10-minute window in between classes, so no 'waiting around' in groups.
- Equipment (including mats etc) will be cleaned in between use. This can either be done by the customer or staff member using spray and cloths provided.
- If possible, markings will be made on the floor to show the area for individuals.

Courts/Sports Halls

- If social distancing can take place, courts and halls will be open. However, for any activity where social distancing is not possible, these facilities/activities will remain closed/not played.
- Cleanliness protocols must be followed.
- If you are not sure which sports are suitable, please contact the relevant national governing body.

Swimming Pools and Wet Side Facilities

- Swimming pools will open as long as properly chlorinated (as there is no evidence that COVID-19 can be spread to humans through the use of pools, hot tubs or spas).
- Maximum bather loads are based on one bather per $3m^2$.
- Social distancing must be maintained in the pool.
- Extra care/signposting will be shown to maintain social distancing when getting in/out of the pool.
- Saunas/steam rooms/hot tubs/spa pools will only open if social distancing can be adhered to.
- Teachers/instructors/coaches and students on the poolside must follow social distancing guidelines between each other.
- Only one parent/carer per child will be allowed to supervise their child during swimming activities (external to the pool).
- The parent/carer/spectator must follow social distancing guidelines.
- Any equipment used will be cleaned after/between use.
- Considerations should be made to ensure limited time is taken in changing areas, especially during the changeover of group activity to maintain social distancing.
- Hand sanitiser and/or soap will be available poolside for staff.
- Prior to re-commissioning a swimming pool facility, the following re-commissioning advice should be followed: PWTAG Technical Note No. 43: Re-opening a pool after COVID-19 shutdown.
- If flumes are available, social distancing must be followed.

Cafés/Restaurants

- Cafés, restaurants and bars will re-open when Government restrictions allow and will operate under any guidelines issued by PHE or other national health authorities.
- Additional signs will be put up around cleanliness and social distancing.
- Vending machines will remain in use but will be cleaned regularly.
- Government Guidance for food businesses on COVID-19 will be followed.

Outdoor Fitness

- Social distancing and cleanliness will be promoted when booking online.
- Social distancing and cleanliness will be promoted by the instructor(s) at the beginning and throughout classes.

- Group classes will be organised in a series of formations to comply with social distancing, with appropriate spacing between participants monitored by the instructor throughout the class.
- Nothing will be passed to/from the instructor to the customer – including personal items, water bottles, bibs etc.
- Customers should not cluster in groups before/after sessions.

First Aid/Lifeguards

- Although there may be heightened concerns around first aid, this will continue as normal, with the below aspects to be used when needed:
  - Gloves.
  - Resus masks for emergency first aid to be provided to all first aiders.
  - Face masks for general first aid.
- The Resuscitation Council UK has provided specific guidance on CPR delivery.
- Where relevant, lifeguards will remain in place.

Miscellaneous

- Operators to follow Government guidance for office staff.
- Towels/'sweat towels' will not be taken onto the gymfloor/into the studio.
- Personal training sessions can continue as long as social distancing is in place.
- Card/contactless payment will be promoted.
- For further information regarding external qualifications/training, please contact your training qualification body.
- Operators may want to consider additional steps for any clientele over 70/with underlying health conditions.
- All contractors must follow social distancing and cleanliness guidelines.
- Health consultations will remain if strict cleanliness of individuals and rooms is enforced and relevant PPE is worn (eg. in hospital, the patient simply wears a surgical mask and the doctor wears simple eye cover, a surgical mask an apron as full PPE is reserved for aerosol-generating procedures), or this could be done online.

Further Sport Guidance (will be updated when available)

- Golf.

Operational – for each facility to agree

- When do you unfurlough staff?
- Health and Safety checks pre-opening – eg. Legionella.
- Training of staff in the above procedures.
- How to limit the number of people in a facility.
- Pre-opening - operators will commit to a level of communication to customers explaining the nature of re-opening, advising them of the responsibility they have regarding cleaning touch points, providing Q&A, and ultimately reassuring customers.
- Operators to develop a risk assessment and operating plan covering all of the above and relevant other information.

ukactive would like to thank our members and partners for their continued support in creating this framework